

Beirut

Fine Lebanese Meze

مطعم
لبناني

Lounge

Bar & Restaurant

TEL 01202 311388

Takeaway Menu

FREE DELIVERY

on all orders over £15 within a 2 mile radius

232 Old Christchurch Road, Bournemouth BH1 1PE

Tel. 01202 311388

Open daily from 12 noon till Late

JUST
OPENED

• Soup of the day (ask for details)

£ 2.50

Lebanese Cold Starters مقبلات لبنانية باردة

- 1 **Hummous 3.50 £**
Pureed chick peas with sesame extract and lemon juice ✓
- 2 **Hummous Beirut 4.00 £**
Pureed chick peas, with sesame extract, parsley, lemon juice and cumin ✓
- 3 **Moutabal 3.50 £**
Grilled aubergine with sesame extract, olive oil and lemon juice ✓
- 4 **Tabbouleh 3.50 £**
Parsley salad, tomatoes, onions, mint, crushed wheat ✓
- 5 **Fattoush 3.50 £**
Mixed salad with herbs and toasted Lebanese bread ✓
- 6 **Warak Inab 3.50 £**
Vine leaves stuffed with rice, herbs and spices ✓
- 7 **Al Raheb 4.00 £**
Aubergine salad ✓
- 8 **Loubieh Bel Zeit 4.00 £**
French beans cooked in olive oil, tomatoes and onions ✓
- 9 **Moussakaa Batinjan 4.00 £**
Fried aubergine with chick peas, tomatoes, and spices ✓
- 10 **Foul Moukala 3.50 £**
Green broad beans cooked in garlic ✓
- 11 **Basturma 5.00 £**
Fillet of dried beef, sliced on a bed of lettuce
- 12 **Mouloukchieh with fried onion 3.50 £**
Cooked Mouloukchieh leaves marinated with lemon and fried onion ✓

حمص

حمص بيروتي

متبل

تبولة

فتوش

ورق عنب

سلطة الراهب

لوبية بالزيت

مسقعة باذنجان

فول مقلی

بسطرما

ملوخية بالزيت والبصل اللقي

Lebanese Hot Starters مقبلات لبنانية ساخنة

- 13 **Hummous Kawarma 5.00 £**
Hummous topped with diced fried lamb and pine nuts
- 14 **Chicken wings 3.50 £**
Grilled chicken wings in garlic sauce
- 15 **Arayess 3.50 £**
Minced lamb with parsley, grilled in Lebanese bread
- 16 **Lamb sambousak 3.50 £**
Pastry stuffed with lamb, onions and pine nuts

حمص قاورما

جوانح مشوية

عرايس

سمبوسك باللحمة



17 **Cheese sambousak 3.50 £**

Pastry stuffed with cheese and parsley ✓

18 **Kallaje cheese 3.50 £**

Halloumi cheese grilled on bread ✓

19 **Spinach Fatayer 3.50 £**

Pastry stuffed with spinach and onions ✓

20 **Kibbeh Maklieh 4.00 £**

Crushed wheat paste stuffed with minced lamb, onions and pine nuts (deep fried)

21 **Sawda Dajaj 5.00 £**

Fried chicken liver in lemon juice

22 **Falafel 3.50 £**

Mixture of ground chick peas ✓

23 **Sojuk 5.00 £**

Lebanese spiced lamb sausages (fried or grilled)

24 **Sojuk with Eggs 6.00 £**

Sojuk scrambled with eggs and spices

25 **Makanek 5.00 £**

Lebanese fried cocktail lamb sausages

26 **Makanek with Eggs 6.00 £**

Makanek scrambled with eggs and spices

27 **Lamb Fatayel 6.00 £**

Tender lamb fillet fried with lemon and olive oil

28 **Tawayeh Bil Dajaj 5.60 £**

Fried diced chicken with onion, green and red peppers

29 **Tawayeh Bil Lahem 5.00 £**

Fried diced lamb with onion, green and red peppers

30 **Batata Harra 3.50 £**

Potatoes cooked with garlic, red and green peppers and chilli ✓

Main Courses الطبق الرئيسي

31 **Mixed Grill 9.00 £**

Lamb cubes, minced lamb, chicken cubes, tomatoes and onions

32 **Shish Taouk 8.00 £**

Boneless chicken marinated in garlic, lemon juice and olive oil, grilled on skewers

33 **Lahem Meshwi 8.00 £**

Tender lamb meat cubes grilled on skewers with tomatoes and onions

34 **Kafta Halabieh 8.00 £**

Minced lamb, onions and parsley grilled on skewers

سمبوسك بالجينة

كلاج جينة

فتاير بالسبانخ

كبة مقلية

سودة دجاج

فالافل

سجق

سجق مع البيض

مفانق

مفانق مع البيض

فتايل غنم مع حامض وزيت زيتون

طواية دجاج

طواية اللحم

بطاطا حرّة

مشوي مشكل

شيش طاووق

لحم مشوي

كفتة حلبية



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35 **Kafta Khashkash 8.50 £**

Minced lamb, parsley, garlic, tomato sauce, grilled on skewers

36 **Kafta Yoghurtlieh 8.50 £**

Minced lamb, yoghurt, pine nuts, and toasted Lebanese bread

37 **Farrouj Moussahab 9.00 £**

Whole boneless chicken charcoal grilled

38 **Kibbeh Bisaynieh 8.00 £**

Fried double layers of crushed wheat and minced lamb, pine nuts and onions, served with yoghurt and cucumber

39 **Kastalita Ghanam 9.00 £**

Grilled lamb cutlets, served with French fries

40 **Shawarma Lamb or Chicken 8.00 £**

Grilled Lamb or chicken marinated in vinegar, spices, onions

41 **Tawayeh Bel Dajaj served with Rice 8.00 £**

Fried diced chicken with green and red pepper, tomatoes and onions

42 **Tawayeh Bel Lahem served with Rice 8.00 £**

Fried diced lamb with green and red pepper, tomatoes and onions

43 **Baked Fish Dover Sole or Seabass سمك مشوي**

Baked fish served with sesame sauce and toasted bread

44 **Loubieh with Rice 7.00 £**

French beans cooked in olive oil, tomatoes and onions served with rice

45 **Moussaka with Rice 7.00 £**

Fried aubergine with chick peas, tomatoes, and spice, served with rice

46 **Dish of the Day 7.00 £**

Please ask your waiter for details

47 **Mixed Meze 8.00 £**

All meals are served with RICE, SALAD, OR CHIPS

Side Dishes

48 **French Fries 2.00 £**

49 **Plain Pilou Rice 2.00 £**

50 **Arabic Salad with Green Spicy Chilli 2.50 £**

51 **Cucumber Yoghurt Salad 2.50 £**

52 **Tomato and Onion Salad 2.50 £**

53 **Lebanese Salad 2.50 £**

54 **Olives £ 1.50**

55 **Extra Fresh Oven Baked Bread £ 1.50**

كفتة خشخاش

كفتة يوغورتلية

فروج مسح

كبة بالصينية

كستلطة غنم

شاورما لحم أو دجاج

طاوية بالدجاج مع الرز

طاوية باللحم مع الرز

SD

لوبية مع الرز

مسقعة مع الرز

مسقعة مع الرز



بطاطا مقلية

رز مقل

سلطة لبن بالخيار

سلطة البندورة والبصل

سلطة لبنانية

Sandwiches

Kafta Halabieh 3.00 £

Minced lamb, onions and parsley grilled on skewer

Chicken Shish Taouk 3.00 £

Grilled on skewers and rolled in lettuce

Lahem Meshwi 3.00 £

Tender lamb meat cubes, grilled on skewers and served with onion and tahini

Falafel 3.00 £

Mixture of ground chick peas and broad beans with spices served with salad and tahini

Chicken Liver 3.00 £

Fried with garlic and served with salad

Halloumi Cheese 3.00 £

Grilled Halloumi served with cucumber and salad

Soujouk 3.00 £

Grilled spicy lamb sausages, served with salad

Shawarma 3.00 £

Shredded lamb or chicken marinated in garlic served with salad

Makanek 3.00 £

Lamb sausages fried with lemon juice served with salad

Soft Drinks

Pepsi, Lemonade, Tonic Water £ 0.80

Bottled Still Mineral Water Sml £ 0.80 Lg £ 1.50

Perrier Sparkling Water Sml £ 1.00 Lg £ 1.75

Freshly Squeezed Juices

Orange, Mango, Melon £ 1.50

Beers / Wines / Spirits

Bottle Heineken £1.80

Bottle Budweiser £1.80

Bottle Stella Artois £1.80

Bottle Smirnoff Ice £1.80

Bottle Fosters £1.80

Bottle Corona £1.80

Bottle Bacardi Breezer £1.80

Bottle WKD Blue £1.80

Bottle WKD Irn Bru £1.80

Bottle Red Square £1.60

كفتة حلبية

شيش طاووق

لحم مشوي

فلافل

سودة دجاج

جينة حلوم

سجق

شاورما

مقانق

Sweets

Fruit Salad 2.50 £

Baklava 2.50 £

سلطة الفاكهة

بقلاوة

Fruit Cocktail £ 2.00

Can Heineken £1.50

Can Budweiser £1.50

Can Stella Artois £1.50

Can Fosters £1.50

Can Strongbow £1.50

White Wine (Pinot Grigio) £5.95

Red Wine (Bardolino) £5.95

Rose Wine £5.95

Sparkling White Wine £3.50

Vodka (House) £11.95

Whisky £12.95

Vodka (Smirnoff) £18.95

Jack Daniels £21.95